

FOOD *First*

TOWER MARKETPLACE

Monday – Friday | 7:00 am – 9:30 am

11:00 am – 1:30 pm

WEEK OF OCTOBER 26

FLAME

AVAILABLE ALL WEEK

includes choice of side

Cuban

Toasted cuban sandwich with black forest ham, roasted pork, swiss cheese, pickles and mustard on crusty bread

Simply Grilled Salmon

Grilled salmon seasoned with salt, pepper, parsley and dill over roasted vegetables and potatoes

Meal Deal

Cheeseburger with french fries and 20oz water or soda

DELI FEATURES

AVAILABLE ALL WEEK

includes choice of side

Chipotle Grilled Chicken Sub

Chipotle marinated grilled chicken with fresh lettuce, tomato, and pepper jack cheese

Pork, Gouda, Brie and Apple Sandwich

Fire braised pork with apple slices, brie, gouda, and horseradish mayonnaise on focaccia

SWAP YOUR SIDE

 **FIT** grilled apples with mint (V)

GRAZE

Monday – Friday

Chicken and dumplings, beef stew, roasted sweet potatoes, corn bread

SOUP OF THE DAY

Everyday

Chicken noodle, poblano white cheddar, thai chicken and rice

Chili Bar Monday-Thursdays

Beef and bean chili with choice of toppings

RISE & SHINE



Spicy Chicken Bacon and Cheddar Bagel

Crispy spicy chicken, cage free fried egg, bacon, cheddar cheese, and house made jalapeno cream cheese on bagel with choice of side

Meal Deal

Apple walnut whole grain pancakes (V) with tater tots and 20oz bottled beverage or juice

MIX: CHOPPED OR WRAPPED

Miso Sushi Style Style

Seaweed flakes, sesame seeds, edamame, cucumber, avocado, jalapeno, and green onion

BBQ Ranch Style

Diced applewood bacon, corn, black beans, cheddar cheese, green onions, cucumbers, sunflower seeds, and BBQ ranch

PICCOLA ITALIA

Chicken Marsala With Wild Rice and Roasted Broccoli

Chicken marsala with wild rice pilaf and roasted broccoli

MAZUNTE

AVAILABLE MONDAY, TUESDAY, WEDNESDAY, AND THURSDAY

Tamale

Choice of cheese or chicken, served with enchilada verde salsa

Burrito

Choice of chicken, pork, or veggie

Rice Bowl

Choice of chicken, pork, or veggie

GLOBAL

Green Curry Chicken

Creamy green coconut curry with chicken, lemongrass, ginger, green curry paste and thai basil, served with jasmine rice and choice of mixed vegetables

Green Curry Tofu

Spicy green coconut curry with tofu, thai basil and cilantro, served with jasmine rice and choice of mixed vegetables

CONNECT WITH *Us*

 Eatatpg.com

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